REMINDER THAT THERE IS A $15.00 NON-RESIDENT FEE FOR EACH PROGRAM.

(***NEW***) SEE POOL PAGE FOR DETAILS
ID’s REQUIRED TO ENTER THE POOL
$2.00 per person NON-RESIDENT FEE FOR GENERAL SWIM SESSIONS.

REGISTRATION
June 9, 2019
12pm-6pm
Fort Fairfield Community Ctr
18 Community Center Dr.
Sports

Registration is required for all summer recreation activities and programs!! Parents can register their children for summer programs at the Fort Fairfield Community Center on Wednesday, June 9 between the hours of 12:00pm and 6:00pm. (some programs begin earlier and require registration prior to June 9). All program fees are to be paid prior to, or at registration on June 9. Those programs that require fees will indicate the fee in the program description. There are a limited number of openings with some programs so please do not hesitate to register. For more information concerning registration for summer programs, please contact the Fort Fairfield Parks and Recreation Department at 472-3882 or call the swimming pool at 472-3883.

**T-Ball** This program is for boys and girls, **Entering Grades K and 1**, and is designed as an introduction to the fundamental aspects of the game of baseball. Participants will learn the basics of proper throwing, catching, and hitting from a tee. We utilize fun games to practice our skill development, and we emphasize the FUN in FUNdamentals! T-Ball will be offered on Tuesdays and Thursdays, from 9:30-10:30am, starting Tuesday, June 29. The program will end on Thursday, August 5. There is no charge for participation in this program.

**Minor League Baseball** (Coach Pitch) This program is for boys and girls, **Entering Grades 2 and 3**, and is designed to build a better understanding of the game of baseball, as well as reinforce the fundamentals of proper catching, throwing, and hitting techniques. This is the first level where kids will get a chance to pitch to a batter and hit from a live pitcher instead of a tee. This is not a competitive league. The focus is on skill development, better understanding of game positions and responsibilities, good sportsmanship, and FUN!! There is no charge for participation in this program. Minor League practice will start on Thursday, June 10th, from 6:30-7:30pm at the middle school softball field. Practices will be held on Tuesdays and Thursdays from 6:30-7:30pm, until games start the middle of June. The program will go through the end of July. Teams will play games against opponents from across Central Aroostook County. There is no charge for participation in this program.

**LITTLE LEAGUE BASEBALL** - is for baseball players **ages 9-12 as of August 31, 2019**. The program is already underway this season, having started in April. This is
a competitive league, with teams playing approximately 14 games this summer, finishing the end of July. Home games are played at the “Charlie Lockhart Field” and away games are played at the Little League Baseball Fields in Caribou.

**PONY LEAGUE BASEBALL** - is for baseball players, **Entering Grades 7-10**, and is designed to help kids better prepare for middle school and high school baseball. The Pony League team will play approximately 12 games in the Aroostook County Pony League this summer. Practices will begin in early June (specific time and date to be announced) and will be held at the FFMHS Baseball Field. Games will be played starting mid-June, through the end of July. **There is no charge for participation in this program.**

**JUNIOR GIRLS SOFTBALL** - is for girls, **Entering Grades 4-8**, and is designed to reinforce fundamentals of softball, as well as develop players knowledge of the game and its rules. Practice will begin Friday, June 11 with a practice from 4:30-6:00pm at the FFMHS softball field. Games will likely begin the middle of June, and will be played mostly on Tuesday and Thursday afternoons at. The team will participate in the NMCRA league and play teams from other communities in the County, as well as participate in “Round Robin” tournaments and other tournaments during the summer including the MPBF Tournament in Fort Fairfield the County Championship in Presque Isle. **There is no charge for participation in this program.**

**PINE STATE TRACK AND FIELD** - is for **boys and girls ages 7-14 as of December 31, 202** and will be held at the FFMHS Track. The age groups are 7-8, 9-10, 11-12, and 13-14 with boys competing separate from girls. Practice begins on Monday, June 7 from 2:45-4:00pm for ages 7-10, and 4:00-5:00pm for ages 11-14. Practices will be held on Mondays and Wednesdays and will continue until the State meet (If Applicable). Participants will have the opportunity to compete in the regional meet to be held in Caribou on Tuesday, June 22 at 9:00am. If you qualify at the regional meet in Caribou on June 25, you will then have the opportunity to advance to the state meet. Registration deadline for the Pine State Track and Field Program is Friday, June 15. Please contact the Parks and Recreation Department to register or for more information. **There is no charge for participation in this program.**

**TENNIS LESSONS** - Lessons are available for ages 8 and over and will begin on June 24 with an ending date of July 24. Intermediate players (those who have a basic understanding of the game) will meet on Monday and Wednesday mornings from 8:30-9:15am and beginners (those who have little or no playing experience) will meet on Monday and Wednesday mornings from 9:30-10:15am. Lessons are
held at the tennis courts next to the swimming pool. Racquets are available if you do not own one. There is no fee to participate.

**TIGER BASKETBALL CAMPS**

- Tiger Camps are for boys and girls currently in grades 1-8. The objective is to provide the best possible instruction to all players by teaching the fundamentals of the game at the various levels in the manner of good sportsmanship and safety. The girls camp will be held the week of June 21-25, and the boys camp will be held the week of June 28- July 2. Both Tiger Basketball Camps run from 8:00am-4:30pm each day. The registration fee is $170 which includes camp instruction, meals, awards, and a camp t-shirt. To register, please contact Larry Gardner at 551-5001.

**YOUTH SOCCER** - Youth Soccer is for boys and girls entering grades 4-6 this fall. The emphasis on the program is sportsmanship, skill development, exercise, and team play. The program will be held on Monday and Wednesday from 3:00-4:30pm beginning on Monday, August 23 and continuing through the middle of October. Youth soccer is played on the small soccer field located in front of the Elementary School. Starting Friday, August 30 there will be practice each Friday from 3:00-4:30pm for all youth soccer players who want to play on the Fort Fairfield Youth Travel Soccer Team. The travel team will participate in “Aroostook County Round Robin Soccer Tournaments” on Saturdays tentatively starting on September 7. You can register for youth soccer during summer program registration or you can wait until registration forms are handed out to students at school in August. There is no cost for participation.

**PEE WEE SOCCER** - Pee Wee Soccer is for boys and girls entering grades 2 and 3 this fall. The emphasis on the program is sportsmanship, skill development and team play. The program will begin on Tuesday, August 24 and end on or around October 19. Pee Wee Soccer will be held every Tuesday and Thursday afternoon from 3:00-4:15pm on the small soccer field located in front of the Elementary School. You can register for the program during summer program registration or you can wait until soccer registration forms are handed out to students at school in August. Participation is free for this program.

**Tiny Tots Soccer** - This program is for children entering grades K and 1 this fall. It is designed as an introduction to the game of soccer and will utilize fun games
and challenges to teach the FUN-damental skills of soccer! This five week program will run on Fridays, from August 27 - September 22, from 5:00-6:00pm on the small soccer field by the elementary school. **Participation is free for this program.**

**COUNTY UNITED SOCCER CAMP** - This camp is for **boys and girls entering grades PreK-5** and will be held at the Fort Fairfield Athletic Complex DATES TO BE DETERMINED! The registration fee is $35 for grades 2 and under and $40 for grades 3-5. The fee is payable to the camp director and FFMHS varsity girls soccer coach John Ala, payable at camp the first day. For more information or to register, please contact coach Ala at jala@msad20.org.
Experience fun and adventure, try something new, and most importantly…be a kid!!!

TIGERLAND PAINTBALL - Join us for some fast paced, adrenaline pumping action as we head over to Tigerland Paintball and have some good clean fun...figuratively speaking of course! **Wednesday, July 21 for boys and girls 10 and older.** The cost for the program is $50, which includes transportation, lunch from McDonalds, all the compressed air you need, and 500 paintpalls!!! ***Extra paintballs can be purchased: $13 for 500 more, or $45 for 2000 more*** Participants must wear long sleeves and pants. Dressing in layers helps to soften the impact of the paintballs. The more layers you have, better protected you are! Must have signed registration and Tigerland Paintball liability waiver on file.

CANOE AND FISH - Join our friends from the Washburn Rec Department and canoe the Aroostook River from Washburn to Presque Isle! **Friday, June 25 for boys and girls ages 13 and older.** **MAXIMUM 8 PARTICIPANTS!!!** We will leave the rec department at 9:15, depart from the Washburn boat landing at 10:00am. **The cost for the trip is $5.00, which includes water and a snack!** You don’t have to fish if you don’t want to, you can enjoy the relaxing paddle...that will leave more fish for me to catch! Participants should bring a towel, shoes that can get wet, and a water bottle.

HIKING ADVENTURE - The Parks and Recreation Department is offering a hiking adventure program **August 2-4 for boys and girls ages 9-14.** Hikers will meet at the Community Center each day at 12:30pm and will need to be picked up at
3:30pm. All hikers should bring adequate shoes, a water bottle, sun screen, bug repellent, and dress according to the weather each day. Hiking will occur on the trails at the Nordic Heritage Center (transportation to and from the NHC is included). **The cost is $15 for the program and is payable upon registration.**

**MOUNTAIN BIKE ADVENTURE** - The Parks and Recreation Department is offering a mountain bike adventure program **July 26-28 for boys and girls ages 9-14.** Bikers will meet at the Community Center each day at 12:30pm and will need to be picked up at the Community Center by 3:30pm. Participants may bring their own bike (must have prior inspection and approval from the instructor) or we will provide an adequate bike for you. Each rider should bring a bike helmet, water bottle, sun screen, bug repellent, and dress according to the weather each day. Most of the riding will take place at the Nordic Heritage Center on the single track mountain bike trails (bus transportation to and from the NHC is included). **The cost is $15 for the program and is payable upon registration.**

**KAYAK ADVENTURE** - The Parks and Recreation Department is offering a kayak adventure program **July 23-25 for boys and girls ages 9-14.** Participants will meet at the Community Center each day at 12:30pm and will need to be picked up by 3:30pm. Kayaks, life jackets, paddles, and transportation to and from the water sites are included. Participants should bring a swim suit, t-shirt, water shoes, hat, towel, rain jacket, sun screen, bug repellent, water bottle, and dry change of clothes. **The cost is $15 for the program and is payable upon registration.**

**Archery Camp** - This camp is for boys and girls 10 years old and over. We will use foam tipped arrows for a fun and safe introduction to archery! Participants will learn the basics of proper form and get lots of practice at stationary targets. After we get plenty of practice through fun games and challenges, we will hold a range competition to determine the best archer by age. Finally, to end a wonderful week of archery, we will introduce the participants to Dart Tag! Using the same foam tipped arrows, along with provided protective headgear, participants will play the most exciting game ever! The rules are similar to dodgeball, with the addition of stationary targets to add to the difficulty! **Maximum capacity is 12 participants.**
there is large enough interest, we can add additional programs, dates TBD. **The cost is $15 for the program.** Archery will be held at the lower soccer field by the track at Fort Fairfield Middle High School. In the event of foul weather, archery will be held in the Community Center. Participants must bring gym shoes. **Keep an eye out on the Rec Department Facebook Page** for archery events throughout the year!

**August 11-13**  
Ages 10-12 from 8:30-10:00am,  
Ages 13-15 from 10:30am-12:00pm.

**Horsemanship Camp** - Learn the ins and outs of horsemanship with this three day camp. You will learn general horse care, basic skills and an introduction to riding. Participants will learn about safe and proper handling of horses, and a wide range of basic care from stall mucking, feeding and watering, to grooming, tacking, and riding. Each session will be tailored to the applicable age range and skill set of the group and build on individual abilities. Participants should wear closed toe shoes with a heel. **The cost for this camp is $35, and it is limited to 12 participants.** If there is more interest in this camp than we can accommodate, we have the option of adding more camps on at a later date.

**DATES TBD:** Ages 4-7yrs from 9am-12pm

**DATES TBD:** Ages 8-12yrs from 1pm-4pm

**Disc Golf Adventures** - This program is designed to introduce participants to the game of Disc Golf. It is for **kids ages 8-16.** We will start with an introduction to the game and proper throwing techniques on the first day, and travel to local courses on the rest of our dates. **The fee for this program is $40,** which covers course fees and snacks for our three planned destinations (Presque Isle twice, Mapleton, Fort Kent). Courses subject to change. **Dates are as follows: June 18, July 2, 23, August 6**  
**Scores will be kept at each course to determine overall winners in each age group after all 4 courses are completed!!!
Maine Potato Blossom Festival

July 12-18, 2019!

REGISTER ONLINE!  www.fortfairfield.org Under the recreation tab!
ARCHERY TAG

A fast paced and fun way to spend your day! Think dodgeball, only A LOT more fun!!! Teams of up to six people per side (so bring your friends) battle it out for field supremacy!

There are only three ways to win: Shoot out the enemy’s targets before they shoot out your teams targets, TAG all of your opponents out by shooting them with the foam tipped arrows, or have the most players left on the field when the buzzer sounds!

Ages 8 and up!!!
10am - 4pm
Saturday, August 14, 2021
Fort Fairfield Middle High School
$10 per person for 2 - 10 Minute Sessions
FORT FAIRFIELD MUNICIPAL SWIMMING POOL

The pool is scheduled to be open from Monday, June 14 through Monday, September 6.

GENERAL SWIM HOURS

Every Day (weather permitting or unless otherwise noted)

Session 1: 1:00-2:15pm    Session 2: 2:45-4:00pm    Session 3: 6:30-8:00pm

The pool will be closed on the following dates:

Tuesday, July 9............2:30-6:30pm    Local Swim Meet
Tuesday, July 13.........After 4:00pm    Preparation for Potato Blossom Festival Swim Meet
Wednesday, July 14......Until 6:00pm    Potato Blossom Festival Swim Meet
Saturday, July 21.........All day    Festival Activities & Parade
Friday, July 23............2:30-6:30pm    Local Swim Meet
Friday, August 13..........2:30-6:30pm    Local Swim Meet

SWIM TEAM - The swim team is open to all for boys and girls who can swim and are 6 to 18 years of age as of May 1, 2020. (Participants must be able to swim on their own) Practices begin on Monday, June 14 and will be held every Monday, Wednesday, and Friday from 4:00-5:00pm throughout the months of June and July. A more complete schedule of practices and meets will be made available to team members during the first week of practice.

SWIM LESSONS - are available to boys and girls 18 years of age and under with lessons following pre-set guidelines established by the American Red Cross. Lessons are held Monday through Thursday. There will be two sessions of lessons again this summer and parents have the option to register their children for either one or both sessions. There
is a limit of 10 students per class for most lessons groups so please be sure to register early on June 7! The registration fee is $15 per student which is due at the time of registration. All lifeguards and instructors are Red Cross certified.

*The tentative swim lesson schedule is listed below and may change depending on registration numbers.

**Session One** July 5-July 23 (Mon -Thurs)  
9:15-9:55 Learn to swim II, IV/V  
10-10:40 Learn to Swim I, II, and III  
Summer School Lessons  
12:15-12:45 Parent/Child, Learn to swim I and III

**Session Two** July 26-Aug 12 (Mon-Thurs)  
9:15-9:55 Learn to Swim II, IV/V  
10-10:40 Learn to Swim II, IV/V  
10:45-11:15 Parent/Child, Learn to swim I and III

**PUBLIC SWIMMING** - The swimming pool is open daily (weather permitting and unless otherwise noted) for public swimming during the summer, SESSIONS LISTED ABOVE, starting on June 14 and ending on September 6. In order to attend public swimming an individual must be at least 10 years of age or be accompanied at the pool by a responsible chaperone. All bathers must leave the pool between sessions. A photo ID is required for access. If children are old enough to be alone at the pool, they must be dropped off at the door so their guardian’s ID can be checked, or they must have their own State of Maine ID.

**PUBLIC POOL FEES** (**NEW**)  
Non-Resident General Swim: $2 per person/per session. **Exact change only!**

**LAP SWIM** - Lap swim and aquatic exercise will be held on Monday, Wednesday, and Friday from 7:00-8:00am starting on June 18 (tentative) and continuing through the end of July. During this time the pool is reserved for those intending to use the pool for aquatic exercise purposes and lap swimming only. There is no fee to participate in lap swim or aquatic exercise and all adults are welcome.
PROGRAM

Have you thought about testing to be a lifeguard when you turn 15 years old? Did you know that certified lifeguards are in high demand? Most colleges have on campus pools, and they offer work study programs at those pools. You can be a step ahead of the competition if you are a lifeguard with experience working through high school!

This is an instructional program for boys and girls, ages 12 and up, that have advanced past our level 5 swim lessons and would like to prepare themselves for one day being a certified lifeguard.

**Program Schedule:** (**Times Subject to Change**)  

**Week 1, June 28 – July 2:** 11:30am – 12:30pm, Lap Swim / Stroke Clinics

**Week 2, July 9:** 10:00am – 11:00am, In-Service / Stroke Practice

**Week 3, July 16:** 10:00am – 11:00am, In-Service / Stroke Practice

**Week 4, July 16:** 10:00am – 11:00am, In-Service / Stroke Practice

**Week 5, July 16:** 10:00am – 11:00am, In-Service / Stroke Practice

**Week 6, July 16:** 10:00am – 11:00am, In-Service / Stroke Practice

**Week 7, July 16:** 10:00am – 11:00am, In-Service / Practice Test

All In-Service Training will teach a skill/skills that the student will need to pass their future Lifeguard exam.

Participants may also choose to participate in the Advanced Jr. Lifeguard program. Details of this program will be given to each participant on Wednesday during the first week of class.

**The fee for the program is $50.** The cost includes training and a JR Lifeguard t-shirt, which will be their uniform to keep, and it must be worn to the program.
SUMMER AT THE LIBRARY

STAY TUNED TO THE FORT FAIRFIELD PUBLIC LIBRARY FACEBOOK PAGE FOR UPDATES!!!
HIKE DEBOUILLE

Thursday, August 19
Ages 13 & up
Fee: $20.00

Enjoy a moderate to difficult 4-mile round trip on the Tower Trail! The trail follows the pond shore west for 1.3 miles and crosses a large rockslide before entering a picnic site, where the trail heads steeply towards the summit for 7 tenths of a mile!

(Views in all directions from the 48’ tower)

Trail includes switchbacks, staircases, beautiful vistas and a footbridge. Keep an eye out for the ice caves!!!

Transportation, snacks, and lunch will be provided!!!
FORT FAIRFIELD
PARKS AND RECREATION DEPARTMENT
SUMMER PROGRAM REGISTRATION FORM

NAME_______________________________________DOB________AGE____GRADE FALL 2018_____GENDER_____

HOME PHONE #__________________________________EMERGENCY PHONE #_________________________

ADDRESS____________________________________________________________________________________________

FATHER’S NAME (printed)_________________________________________PHONE #_________________________

MOTHER’S NAME (printed)______________________________________________PHONE #_________________________

ALLERGIES____NO____YES, PLEASE LIST ALL FOOD & MEDICATION ALLERGIES:________________________________

________________________________________________________________________________________________________

LIST MEDICATIONS_____________________________________________________________________________________

OTHER MEDICAL CONCERNS____________________________________________________________________________

PARTICIPANTS, PARENTS OR GUARDIANS PLEASE READ CAREFULLY:
I (the participant), or the parents or guardians of the above named participant if the participant is under the age of 18, hereby give my/our approval for participation in the programs listed below, knowing that participation in these programs may cause serious injury or even death to the participant. I assume all risks incidental to such participation, and hereby release, absolve, and indemnify, and agree to hold blameless, the Town of Fort Fairfield, the Fort Fairfield Parks and Recreation Department and its employees, MSAD#20, the organizers, sponsors, participants, supervisors, volunteers, or the person or organization responsible for transportation during these programs. I/we give permission for photographs to be taken of the participant for program newsletters and publications. I give permission for the participant to be treated by any physician at any medical facility that is available in case of an emergency. My/our signature below is verification that I/we understand and agree to the contents of this paragraph.

FATHER’S SIGNATURE (If under 18) _____________________________________________________DATE____________

or

MOTHER’S SIGNATURE (If under 18) ____________________________________________________DATE_____________

PROGRAM(S) SIGN UP

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